Goals & New Experiences for 2018

* Create a budget & savings plan
	+ Make a list of all expenses, determine how much you can save, & start an *investment savings account*
	+ Savings Goal: $
	+ Write a list of things to save for:
* Plan vacations for you & your family
	1. Road trip to:
	2. Fly to:
* Plan a solo vacation or one with a friend
	1.
	2.
* Visit at least 2 new church’s, with groups you relate too & may be of interest.
	1.
	2.
	3.
* Go on 3 dates, at least one from tinder or online!
	1.
	2.
* Go to a concert or show!
	1.
* Pick 3 new activities to try (outdoor activities, snowboarding, white water rafting, bungee jumping, snorkeling, rock climbing.)
	1.
	2.
	3.
	4.
* Read a novel
	1.
	2.
* Read an informational book (Self Care, Growth, skill, or history)
	1.
* Journal more regularly
* Meal prep & shop for quick lunch & breakfast options
* Develop & make time for an exercise routine 3 days a week
	1.
	2.
* Learn a new skill or improve one by taking a class
	1.
	2.
* Go to Vegas with friends or dancing in a new place
* Buy tickets to an event or class that is totally out of your comfort zone
	1.
* Listen to different music or playlists